



## **Francois de Salignac Fenelon (1651-1715)**

When we notice in ourselves eager desires for something in the future, and when we see that our temperament carries us too intensely to all that must be done, **let us try to restrain ourselves from hurry**, and ask our Lord to stop the haste in our hearts and the agitation of our behavior, since God has said Himself that His Spirit does not dwell in confusion. Let us take care not to participate too much in all that is said and done, and not to absorb too much of it, because this task that presents itself, let us keep to that, and separate from all the rest. Thus we shall always keep the depths of our souls free and balanced, and we shall cut off entirely the host of unnecessary things which burden our hearts, and which prevent them from turning easily toward God. **We must often raise the heart toward God;** He will purify it, enlighten it, direct it. This was the daily practice of the holy prophet David. “I had always,” he said, “the Lord before my eyes.” Let us often say these beautiful words of David, “Whom should I seek in heaven and earth, save Thee, O my God? Thou art the God of my heart, and my portion forever.”

We are quickly moving from the carefree days of summer to the fast paced schedule of the program year. School, after school activities, Church activities are all about to resume. It is easy to get caught up in the “worry cycle.” Worry about yesterday, today, and tomorrow. Proper planning helps.

Take Comfort in knowing that God in Jesus is present in all of life. A daily practice of prayer and devotion, as well as participating in worship helps to center our hearts and minds in Christ which makes the journey not only possible but life-giving.

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Peace,

Pastor John Albertson

## Faith Church News

**We continue to pray for** Zach Miglia, Milo Popp, Katy Zylstra, Diane Anderson, Jan Schnack, Coreen Hein's sister, Marian Brown, Clovis Mehmen, Aunt of Paula Burley, Richard Johnson brother-in-law of Dick Hein, Cliff Waugh father of Lynette Marling, Joe friend of Kathleen Blankenburg, T.J. Barnidge's uncle, Nick, nephew of Catherine Dyrtrt, Martha Watkins; Spencer Carver brother of Bailey Freese; Annette Mohling's brother, Lyle, brother, Dean and nephew, Drew. Merrick friend of Jean Dunn.

**The next blood pressure/blood sugar check** will be Sunday, August 21st following 9:00 am worship in Pr. John's office. If you would like to talk to me, you can email Christy Pratt at parishnurse@faithlutheran.org or call me at 361-0445. All discussions are confidential.

**The next Faith Book Club Meeting** will be on Thursday, August 11th at 7:00 pm. There are two book choices (The Rescue or The Orphan Train) this time. They are available to check out in the office. Please make sure to sign out your book if you take one. Contact Sue Tweeton, Kellie Osbeck, or Amy Sagan with questions. See you there.

**Swamp Fox Festival**, September 24 is right around the corner. We invite all who are interested in walking in the parade to sign up at the welcome table. David Kroeger has made the necessary preparations for us.

**Adult Nurture is hosting a conference** on Human Trafficking on September 24th at Faith starting at 9:00 am. Lenchen Raeside is the guest speaker. More information to follow.

Dear Faith,

Thank you so much for the beautiful send-off for me and my family. Your love, support, friendship, and prayers are treasured even as we move to Wisconsin. We appreciate your generous gift to us. Thank you!

In Peace,

Pastor Amy Waelchli

647 S. Wisconsin Street

Whitewater, WI 53190

## Your Participation is Needed

**Advent...** Preparation for Christmas. The Adult Nurture Committee is thinking about and planning for Advent. **We invite your participation.** Our goal is to have an Advent devotional booklet for all the Faith Lutheran families to enjoy. Each day of Advent will be included in the booklet so we need a lot of ideas from you. We would like to include customs and traditions from different countries in preparing for Christmas. Here is where you come into the picture. Please share any customs of your family or nationality with one of our committee members: Pastor John, David Cunningham, Susan Tweeton, Stacia Walker, or Diane Lehtinen.

## Thrivent Events for you!

Thursday, August 18th, Thrivent is sponsoring Jazz Under the Stars and Picnic in the Park at 5:30 pm with the concert beginning at 7:00 pm. The cost is \$2 per person and includes pizza and soda and is located at Noelridge Park. Bring your own lawn chair. Thrivent is once again sponsoring "At the Movies" on Saturday, August 20th at 12:30 pm at Collins Rd Theaters. Tickets are \$2 and are good for any movie at this event and a coupon for pop and popcorn. Tickets are available from Dave Koch, the church office or call 366-2991.

## Cards Welcome

Zach Miglia, son of Anna & Barry Miglia had a liver transplant. Cards are welcome!

**Attention: Pediatrics, inpatient Zachary Miglia**

**987400 Nebraska Medical Center  
Omaha, NE. 68198-7400**

Faith member Jon Hood is at Air Force basic training. Letters from home would be a great surprise. **AB Hood, Jon M  
PSC #3331 PRS-SIP 570 (Dorm 2B2)  
1320 Truemper St. Unit 369570  
Lackland AFB, TX 78236-6408**

## Good Time Rollers (40+ Group)

The Good Time Rollers next event will be at Cedar Ridge Winery on Friday, August 19. Please meet at the Winery at 5:30 pm. The band "Airwaves" will be playing from 6-9 pm and food and wine are available from their menu. Please sign up on the welcome table if you can attend.

Also, our new group is asking for input and suggestions as to gatherings we may have in the future. We are asking for members to help plan and host some of these gatherings. We hope to have a progressive dinner Sunday, November 13th and we need hosts and menu ideas. Please email Marlene Pasker at [mcpbirdwatcher@fmtcs.com](mailto:mkpbirdwatcher@fmtcs.com) with your ideas.

## Feed Iowa First Harvest

At the end of July the Faith Farm crew finished harvesting all of the onions and leeks for Feed Iowa First, and what a harvest it was! As it turned out, many of the onions were ready in early July and the bulk of them were harvested by the families that adopted rows and the kids from Vacation Bible School. Then, a couple weeks later (on one of the hottest days of the summer) the crew attempted to harvest the remaining onions and leeks, but stopped after about 30 minutes due to the high temperatures. Finally, the last week of July all of the remaining onions and leeks were harvested, loaded into the trucks of volunteers, and transported to the Feed Iowa First shop! After each of the three harvests in July the onions and leeks were quickly distributed to the hungry in the area. Sonia and the Faith Farm managers are already talking about a possible fall crop and next year. Our sincere thanks and appreciation goes to each of the families who adopted a row (or two or three!) and worked in the chilly spring and humid summer months to tend to their row. This was an incredible effort that has not gone unnoticed.



**Feed Iowa**  
FIRST

## Blessing of the Backpacks

On Sunday, August 21st, Faith's students (pre-school to college) are invited to receive a special blessing to honor the beginning of the 2016 school year. Students will receive a blessing during the Children's Message during the 9:00 am, Sunday service. Bring your backpacks, trappers . . . Your Faith community wants to celebrate and support your educational journey.

## Rally Sunday

Make plans now to join us for Rally Sunday, August 21st. Worship is at 9:00 am and Rally Day Sunday School activities at 10:15 am.

Potluck with burgers and hot dogs will be at 11:30 am with inflatables, grown up games with fellowship and fun to follow. A Thrivent Action Team Grant will help pay for the food, buns and drinks for this event! Just bring a side dish to share.

## Teacher Enrichment Day

For anyone teaching Sunday School, serving with WNL, helping kids with music, mentoring youth, leading arts & crafts please join us on Sunday, August 28th from 10:15 am to 1:15 pm for a day of learning, lunch and fun!

## 20's & 30's Event

Join us on Thursday, September 8th at Lion Bridge Brewery for their outside farmer's market from 5:00-8:00 pm. This is a casual, family friendly event and we'll try and get a table as well for those that want to eat. Please let Amy Sagan or Barb Thompson know if you're interested in attending.





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Email: secretary@faithlutheran.org  
Website: faithlutheran.org



*We are a community of Faith,  
growing in Christ, sharing God's love.*

## Worship Opportunities

All are welcome and invited to worship at Faith Lutheran Church.

### Saturdays

5:30 pm– Worship

### Sundays

9:00 am–Worship

*Faith has been serving the Marion-Cedar Rapids area for more than thirty years; supporting local ministries such as the Marion Food Bank, Habitat for Humanity, and Senior Assistance Programs. We are in partnership with the 10,657 congregations, 28 Lutheran colleges and universities, 8 seminaries, 450 global missionaries and one of the largest non-profit social service networks in the United States; as well as Lutheran World Relief worldwide. All are ministries of the 5.2 million member Evangelical Lutheran Church in America.*

### Faith Lutheran Church Staff

**John A. Albertson**

Senior Pastor

**Jen Heinsius**

Secretary

**Diane Lehtinen**

Choir Director

Associate Pastor

**Daniel Stone**

Director of Youth and Family Ministry

**Steve Roggow**

Bell Choir

**Christy Pratt**

Parish Nurse

### Faith Lutheran Church Council Members

**David Ripley**

President

Vice President

**Steve Deines**

Secretary

**Karen Cain**

Treasurer

**Dave Koch**

Financial Secretary

**Diane Lehtinen**

Director of Adult Nurture

**Connie Bulman**

Director of Worship

**Kellie & Josh Osbeck**

Directors of Youth

**Amy & Nick Sagan**

Director of Fellowship

**Lynette Marling**

Director of Witness

**Bruce Tweeton**

Director of Facilities

**Vicki Barnidge**

Director of Youth Nurture

**Jeff Ausman**

Director of Social Concerns

But most of the real work is done by unpaid members of the congregation, often without recognition, who see their service as a response to God.