

Servants of One Another

The season of Lent invites us into service. This happens in many ways. We serve our families, our community, our church and our world. Jesus invites us into the precious act of service by giving as an example the washing of feet. This holy action happens during the Maundy Thursday liturgy. This ancient practice, dating back to the 7th century is based on John 13, when Jesus gave the disciples a new commandment to love one another and provided his followers with an act of humble servant hood.

Admittedly, this practice may be intimidating and even difficult for some yet the experience of giving and receiving is a profound practice of humility and service.

There one night in the Upper Room, He laid aside His robe.

He wrapped a towel around His waist, like a servant's clothes.

Then my Master, Lord and King, kneeled to do this amazing thing,

He washed my feet, He got down on His knees and washed my feet

Why would my Master, Lord and King, come to do this amazing thing?

The Lord said, as I come to wash your feet to make you pure and clean,

Go out now and touch the world, do what you have seen.

Hear my call and live it true, do for them what I do for you.

(Wash Their Feet, Choplin, Pepper. 2009).

To be vulnerable is to let the spirit of Christ touch you through the service of another. To let Christ work through you as you wash another's feet connects you to the communion of saints. In this practice we travel all the way back to Jesus in the Upper Room.

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I encourage you to enter into this sacred practice as one who gives and receives for in this action you will most likely discover a deeper connection to Christ and neighbor.

Peace,

Pastor John Albertson

Faith Church News

We continue to pray for Gladys Tonsager. There will be a New Member Dinner on Sunday, March 31st at 5:00 pm. See PJ for questions.

Stop by and say hello to Michael Olinger, Financial Associate with Thrivent Financial as he hosts “Donut Day” following our 9:00am worship service on Sunday, April 7, 2019. Donuts, rolls, coffee, and juice will be available in the narthex. Mike is a lifelong area resident and offers himself as a resource to our congregation.

Midweek lenten worship continues on Thursdays through April 11th at 6:00 pm in the Family Center with our soup supper and worship to begin at 7:00 pm. Please make plans to join us! Crosses will be available to take home Palm Sunday.

Holy Week Schedule

April 17th— 7:00 pm: Youth Mime Performance in Family Center

April 18th- 7:00 pm: Maundy Thursday Footwashing and Holy Communion

April 19th—7:00 pm: Good Friday

April 20th—9:00 pm: Easter Vigil
(No 5:30 pm service)

April 21st —8:00 am & 10:30 am Easter Worship with Breakfast at 9:15 am

Library Likes



The Faith Library has a couple of shelves labeled “Little Free Library.” At some point we hope to have a Little Free Library box placed elsewhere, but for now we have two shelves full of books you may take and keep. On these shelves you will find several Bibles, a handful of general fiction and non-fiction books, some classic novels, and several green hymnals. Help yourself to any of these materials!!

Fellowship Events

Good Time Rollers will have a Bingo Bash night at Marlene Pasker’s home on Saturday, March 30th at 7:00 pm. Sandwiches will be provided, bring a beverage and appetizer to share. Prizes awarded. Please sign up on the clipboard on the welcome table in the narthex.



Fishing for Food

Faith Lutheran’s Social Concerns Committee is kicking off a campaign for Lent entitled “Fishing For Food.” We will like all members to help support our local Marion Churches Food Pantry by bringing items desperately needed for distribution at the Pantry and fill the bins that are located in the narthex on the cart.

What items are needed:

- *Canned Meat
- *Applesauce
- *Peanut Butter
- *Bags of white/brown rice
- *Toilet Paper
- *Kleenex
- *Toothpaste
- *Deodorant
- *Toothbrushes
- *Hand Soap
- *Canned Fruit
- *Instant Potatoes
- *Ramen noodles
- *Paper Towels
- *Shampoo/Conditioner



Food Pantry
Donations Needed

Faith Lutheran Reads

We will be organizing optional discussions about our book, *The Faith Club*, some time after Easter. The purpose of reading the book is to generate thinking about the various issues that these authors bring up, and some people may want to participate in a discussion to see what others might be considering. Since the discussions are a number of weeks away and the book is fairly long, one suggestion might be to bookmark a particular page or chapter that you would like to talk about so you easily find what and where something you want to bring up is located.

Thanks to all who are participating! If you would still like a copy of the book, talk to Deb Aldrich.



Buck a Chick

The Social and Concerns committee and Youth Ministry will again team up for this year's Lenten project Buck a Chick. For every dollar given, the money will go towards buying a chick for a needy family. The family will keep the chick and raise it to produce eggs.

The family can either keep the eggs for themselves or take them to the market to sell for income. You can take a coloring sheet to color and we will display it around the narthex. We will have a friendly competition between the chicks (children), hens (ladies) and roosters (gentlemen) to see who can purchase the most chickens. The last couple of years, the hens won. Can they win again or will there be a new winner?



Parish Nurse Notes

March is Colorectal Cancer awareness month. Colorectal cancer is the third most common cancer in the United States and the second leading cause of death from cancers that affect both men and women. Colorectal cancer affects people in all racial and ethnic groups and is most common in people age 50 and older. Although it affects people over 50, the fastest growing population to get this kind of cancer is people less than 50! The main reason for this is our diet and sedentary lifestyle. If you have a family history of this cancer, start your screening before 50. Talk to your healthcare provider about your lifestyle and getting screened for this type of cancer.

The next blood pressure and blood sugar check is April 14th in the associate pastor's old office after service. Also, I am free to discuss any healthcare concern you may have. If you would like to talk to me, you can e-mail Christy Pratt at parish-nurse@faithlutheran.org or call me at 361-0445. All discussions are confidential!

Faith Farm Update

Welcome to 2019 growing season! We are growing corn and potatoes in the Faith Farm this year for Feed Iowa First. We are planning to plant May 5th, pending on the weather. There will be a table out in the narthex soon to sign up for various "jobs" for the farm. We will need people to plant, water, weed, pick and transport the veggies to Feed Iowa First. You can sign up for one or for all! Whether it is your first time or a veteran, we need your help to get this project growing and help the hungry right here in Linn County.

YFM March Event

Join us for our March event on Sunday, March 31st as we meet at AirFX at 2:00 pm. Cost is \$15 and includes jump socks. We will have a welcome and orientation. Fill out waivers at airfxcr.com/customer-waiver



Wednesday Night Live

Wednesday, Mar 20th—No WNL Spring Break

Wednesday, March 27th —WNL w/Women's Team for cooking and clean-up.

Wednesday, April 3rd —WNL with HS Team for cooking and clean-up.

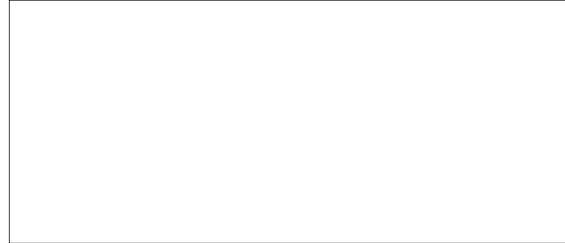
Wednesday, April 10th —WNL w/Men's Team for cooking and clean-up.





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We are a community of Faith,
growing in Christ, sharing God's love.

Worship

All are welcome and invited to worship at
Faith Lutheran Church.

Worship Times

Saturdays

5:30 pm– Worship

Sundays

9:00 am– Worship

Midweek Lenten Worship

Thursdays in Lent

Continues through April 11th

6:00 pm– Soup Supper

7:00 pm– Worship

Faith has been serving the Marion-Cedar Rapids area for more than thirty years; supporting local ministries such as the Marion Food Bank, Habitat for Humanity, and Senior Assistance Programs. We are in partnership with the 10,657 congregations, 28 Lutheran colleges and universities, 8 seminaries, 450 global missionaries and one of the largest non-profit social service networks in the United States; as well as Lutheran World Relief worldwide. All are ministries of the 5.2 million member Evangelical Lutheran Church in America.

Faith Lutheran Church Staff

John A. Albertson
Senior Pastor

Jen Heinsius
Secretary

Daniel Stone
Director of Youth and Family Ministry

Diane Lehtinen
Choir Director

Steve Roggow
Bell Choir

Christy Pratt
Parish Nurse

Faith Lutheran Church Council Members

David Ripley
President

Connie Bulman
Director of Worship

Jeff Ausman
Vice President

Dustin & Jenny VansCoy
Directors of Youth

Deb Bell Geiser
Secretary

Barb & Chris Thompson
Director of Fellowship

Karen Cain
Treasurer

Marlene Pasker
Director of Witness

Dave Koch
Financial Secretary

Mike Dautremont
Director of Facilities

Diane Lehtinen
Director of Adult Nurture

Teresa Wilkes
Director of Youth Nurture

Christy Pratt
Director of Social Concerns

But most of the real work is done by unpaid members of the congregation, often without recognition, who see their service as a response to God.