

The Book of Praises

Martin Luther introduced his German translation of the Psalms with these words: “The Psalter might well be called a little Bible. In it is comprehended most beautifully and briefly everything that is in the entire Bible. It is really a fine handbook. In fact, I have a notion that the Holy Spirit wanted to take the trouble himself to compile a short Bible and book of examples of all Christendom or all saints, so that anyone who could not read the whole Bible would here have anyway almost an entire summary of it, comprised in one little book.”

The mid-week Lenten journey to the cross will focus on the book of Psalms. Each week we gather in the Family Center, having shared a simple meal of soup and bread, then around tables, we enter into worship using ELW Compline or Night Prayer. This ancient liturgy will guide us as we reflect on the chosen Psalm for the evening. A time for discussion will provide us the opportunity to embrace the Psalm and reflect on its meaning for daily life.

We begin the journey with Psalm 23, The Shepherds Psalm. This Psalm assures us of God’s presence in our lives come what may. Here God provides the Good Shepherd, Jesus to provide still waters and protection through the valleys of darkness and death. I encourage you to use this season to discover the beauty and devotion of the Psalms.

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“But I trust in your unfailing love; my heart is joyful because of your saving help. I will sing to the Lord, who had dealt with me richly.” Ps. 13:5

Peace,

Pastor John Albertson

Faith Church News

We continue to pray for Gladys Tonsager.
We express our sympathy to Greg Theilen & family on the recent passing of his mother.
We also express our sympathy to Larry Lehtinen & family on the recent passing of his brother.
Reminder to set you clocks ahead one hour for Daylight Savings this Sunday, March 10th.

Faith Farm Update

I know there is snow on the ground and more coming it is hard to think, but spring is coming! We are starting our plans for the growing season with Feed Iowa First. We are doing a kick off to our planning and planting season on March 10th, after service, by having Feed Iowa First come to talk about our plans for the Faith Farm. We signed a 2019 growing contract with them back in December. There will be signup sheets out on the welcome table for planting, weeding and watering, harvesting and transport of the produce to Feed Iowa First. We will have a great growing season!

Parish Nurse Notes

The next blood pressure and blood sugar check is March 10th in the associate pastor's old office after service. Also, I am free to discuss any healthcare concern you may have. If you would like to talk to me, you can e-mail Christy Pratt at parish-nurse@faithlutheran.org or call me at 361-0445. All discussions are confidential!

Lenten Soup & Worship

Midweek lenten worship begins on Thursday, March 14th at 6:00 pm in the Family Center with our soup supper and worship to begin at 7:00 pm. Please make plans to join us!



Fishing for Food

Faith Lutheran's Social Concerns Committee is kicking off a campaign for March entitled "Fishing For Food." We will like all members to help support our local Marion Churches Food Pantry by bringing items desperately needed for distribution at the Pantry and fill the bins that are located in the narthex on the cart.



What items are needed:

- | | |
|---------------------------|----------------------|
| *Canned Meat | *Canned Fruit |
| *Applesauce | *Instant Potatoes |
| *Peanut Butter | *Ramen noodles |
| *Bags of white/brown rice | |
| *Toilet Paper | *Paper Towels |
| *Kleenex | *Shampoo/Conditioner |
| *Toothpaste | *Deodorant |
| *Toothbrushes | *Hand Soap |

Fellowship Events

Join the Fellowship team to watch the Cedar Rapids Rough Riders take on the Dubuque Fighting Saints on Friday, March 29th. For tickets, sign up on the table in the Narthex. \$15 per ticket - drop off at the office or in the Fellowship Box or Box #180. Please sign up by March 10th. At the Stadium, meet by the ticket area around 6:45pm. Should be a fun night of watching hockey!



Thank You!

Faith Members:

Thank you for all the prayers, visits, cards and prayers for Milo and family during his illness and death. Thank you to Pastor John and everyone who helped with the funeral luncheon.

We are grateful for the support and love you have shown over this difficult time.

The Family of Milo Popp

Men's Book Club

Men's Book Club will meet on Saturdays— March 9-April 13th from 8:00-10:00 am in the Library. We will read and discuss the book, "I Heard the Owl Call My Name" by Margaret Craven (PJ's favorite novel!) The books are available on the welcome table in the narthex.

Faith Lutheran Reads



The Faith Lutheran Reads books have arrived and are available for those who signed up. Please pick your copy up in the Faith Library and check your name off that you have picked yours up. Thanks and stay tuned for more information about an upcoming discussion group.

Buck a Chick

The Social and Concerns committee and Youth Ministry will again team up for this year's Lenten project Buck a Chick. For every dollar given, the money will go towards buying a chick for a needy family. The family will keep the chick and raise it to produce eggs. The family can either keep the eggs for themselves or take them to the market to sell for income. You can take a coloring sheet to color and we will display it around the narthex. We will have a friendly competition between the chicks (children), hens (ladies) and roosters (gentlemen) to see who can purchase the most chickens. The last couple of years, the hens won. Can they win again or will there be a new winner?



YFM March Event

Join us for our March event on Sunday, March 31st as we meet at AirFX at 2:00 pm. Cost is \$15 and includes jump socks. We will have a welcome and orientation. Fill out waivers at airfxcr.com/customer-waiver

YFM Movie Night

Join us for Family Movie Night on Saturday, March 16th From 7:00-9:00 pm the all ages options in the Family Center is "Ralph Breaks the Internet" (PG) For Middle School & Older in the Youth Room we have "The Crimes of Grindelwald" (PG-13). The Grown Up Pick is "A Greenbook" (PG-13) (Pre-K youth must be accompanied by parent or caregiver) Donations are always welcome to help pay for the snacks, come and join the fun family night.



Wednesday Night

Wednesday, Mar. 6th—Ash Wednesday Worship @ 7:00 pm. (No WNL)

Wednesday, Mar. 13th —WNL w/HS Team for cooking and clean-up.

Wednesday, Mar 20th—No WNL Spring Break

Wednesday, March 27th —WNL Worship w/Women's Team for cooking and clean-up.





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We are a community of Faith,
growing in Christ, sharing God's love.

Worship

All are welcome and invited to worship at
Faith Lutheran Church.

Worship Times

Saturdays

5:30 pm– Worship

Sundays

9:00 am– Worship

Midweek Lenten Worship

Thursdays in Lent

Begins Thursday, March 14th

6:00 pm– Soup Supper

7:00 pm– Worship

Faith has been serving the Marion-Cedar Rapids area for more than thirty years; supporting local ministries such as the Marion Food Bank, Habitat for Humanity, and Senior Assistance Programs. We are in partnership with the 10,657 congregations, 28 Lutheran colleges and universities, 8 seminaries, 450 global missionaries and one of the largest non-profit social service networks in the United States; as well as Lutheran World Relief worldwide. All are ministries of the 5.2 million member Evangelical Lutheran Church in America.

Faith Lutheran Church Staff

John A. Albertson
Senior Pastor

Jen Heinsius
Secretary

Daniel Stone
Director of Youth and Family Ministry

Diane Lehtinen
Choir Director

Steve Roggow
Bell Choir

Christy Pratt
Parish Nurse

Faith Lutheran Church Council Members

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President

Connie Bulman
Director of Worship

Jeff Ausman
Vice President

Dustin & Jenny VansCoy
Directors of Youth

Deb Bell Geiser
Secretary

Barb & Chris Thompson
Director of Fellowship

Karen Cain
Treasurer

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Director of Witness

Dave Koch
Financial Secretary

Mike Dautremont
Director of Facilities

Diane Lehtinen
Director of Adult Nurture

Director of Youth Nurture

Christy Pratt
Director of Social Concerns

But most of the real work is done by unpaid members of the congregation, often without recognition, who see their service as a response to God.